

40th & A Street

Neighborhood Association Newsletter

January 2001

TABITHA LINKS OUR HISTORY AND OUR FUTURE

Intergenerational Day Care soon to be a reality in our Neighborhood

Imagine several children seated on the floor, listening spellbound to an older adult telling them a story... a small group of children singing to a group of smiling seniors who are clapping their hands and tapping their toes... a group of seniors and children painting pictures together... two three-year-old boys playing trains with some of the older "guys"... a couple of seniors sitting on the playground watching the children play, then a child running over to the seniors and showing them a butterfly or a caterpillar... children and seniors working together in a garden... a place where everyone knows everyone... a place where both seniors and children feel safe, and warm and loved.

These are just some of the scenes you might encounter when your new neighbor, Tabitha's Intergenerational Day Care Center, a one-story, 7,081 square foot safe and loving haven that will serve both older adults and children, opens in early summer 2001 on the corner of 47th and J Streets, directly north of Tabitha Nursing & Rehabilitation Center. Tabitha's new Center was born of the need in our community for care givers of both children and older adults to have a quality environment to take loved ones while working outside the home. The first modern intergenerational day care in Lincoln, it will add another component to Tabitha's continuum of care for those who may be frail or have a chronic health condition such as Parkinson's Disease or diabetes.

For elders, Tabitha's Intergenerational Day Care Center is an alternative to admission to a nursing home or assisted living facility - an alternative that is far less costly and that helps to maintain a loved one in his or her own home. The Center will provide an opportunity to seniors to share their years of experience and skills, while helping keep them young in spirit through interaction with children. For children, the Center will not only provide high quality, loving care, but also give each child a rich experience with elders, often missing from their lives. Children will experience the unconditional, non-judgmental love of an older person.

Center staff will be fully trained in childhood development and elder care. Not just sharing space, the two generations will have planned activities together and the option to spend time in personal interaction. While there will be multiple opportunities to interact in intergenerational activities such as fitness, storytelling, art, music, recycling, good citizenship, and gardening, among others, there will also be designated "quiet areas" for both groups.

The program will include structured supervision and loving care, child learning and reading components and adult education opportunities including computer experience. The environment for both young and old will not only be creative, fun and stimulating, but also leisurely and calming. The Center will be able to care for 20 seniors and 42 children at any one given time and offer daytime hours for seniors and day and evening care for children.

Says Deb Boettcher Howe, RN, Director of Tabitha's new Intergenerational Day Care, "I am delighted to be a part of creating something so unique and so important for our community. Children are our future, seniors are our history, bringing them together makes so much sense and anchors us firmly in the present. It delights me that Tabitha is doing this and that they have chosen me to be a part of it." Tabitha's legacy began 115 years ago with interaction between generations. With the new Day Care Center, Tabitha both returns to its roots and looks to the future. For more information, please contact Deb at 486-8531.

Purpose Statement of the 40th & A Neighborhood Association

The purpose of the 40th & A Neighborhood Association is to provide a means whereby citizens living in the neighborhood can plan and work together for a better community. The organization offers the opportunity for residents to: Meet and get acquainted with one another; Become more informed and express views about the issues impacting our neighborhood community; Cooperate with other citizen groups and neighborhood associations to make Lincoln a better community.

2000-2001 Board

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1500 Sunburst Lane (06) 488-7734

Vice President: Rob Bryant

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489-2130

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489-0703

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4140 F Street (10)

310-1745

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3316 Mohawk (10)

477-1063

District 1: Kevin Clark

3821 C Street (10)

484-5399

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4221 C Street (10)

488-2821

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District 3: Vicki Fasnacht

3718 Washington St (06)

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District 3: Ron Vogt

3735 A Street (10)

489-0703

District 4: Ray Gobber

1436 Sunburst Lane (06)

489-9202

District 4: Steven L. Knobel

1641 Sunburst Lane (06)

489-4929

Your board would like your input

Your 40th & A Neighborhood Association Board would like your help. We would like to have a neighborhood-wide event in the spring as well as the annual meeting in October. We are wondering what <u>you</u> would like to see done as an activity. There are so many possibilities. We would like to do something that would appeal to a wide range of people. (Or stockpile ideas for another spring!)

A speaker: about zoning a	bout our neighborhood's history	about planning & preservation
Other: What topic?	Who could talk?	accut plaining or preservation
Workshops: decorating on a doll Something else: What is your ide		plant exchange
Please share your Name	Address	Phone number
Please return your ideas to one of the board	members whose names, addresses, and pl	hone numbers are on the front of this page.





"If you would like to live in a community in which you may have pride, then dedicate yourself in a spirit of humility to your responsibilities in that community."

—Herbert Victor Prochnow

You

Are Invited

To Join

Vow

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40th & A
Neighborhood
Association

40th & A Neighborhood Association Annual Dues / January—December 2001

	Phone:	
D-1: A to Randolph, 33rd to 40th		District #:
D-3: A to South, Normal to 40th		D-4: A to South, 40th to 48th
Membership Categories:		Mail to:
Student Member	\$ 1.00	Melodie Johnson
Single Member	\$ 3.00	4140 F Street
Family	\$ 5.00	Lincoln NE 68510
Business/Contributing	\$10.00	
Contribution	\$	